

DAA

Boston

Dementia Action Alliance

Dementia Directory of Services for Boston



Name Of Service	Service Offered	Address	Contact Name	Contact Details	When
Admiral Nurse Dementia Helpline	<p>Dementia UK's Helpline is staffed by specialist dementia nurses, known as Admiral Nurses. They offer advice and support with any aspect of dementia, including:</p> <ul style="list-style-type: none"> * possible symptoms of dementia * how to get a diagnosis * understanding the diagnosis and how the condition progresses * practical tips for caring for someone who lives with dementia * adapting to and coping with changes in behaviour * financial and legal issues * transitions in care, including moving into residential care * information on young onset dementia (where symptoms develop before the age of 65) * emotional support for you <p>All calls are free and confidential.</p>	Nationwide	Admiral Nurse Dementia Helpline	<p>Local contact –</p> <p>Tel: 01522 551250</p> <p>Email: admiralnurse.referrals@stbarnabashospice.co.uk</p> <p>National helpline –</p> <p>Tel: 0800 888 6678</p> <p>Email: helpline@dementiauk.org</p> <p>Website: www.dementiauk.org</p>	<p>Mon – Fri 9.00 am – 9 pm</p> <p>Sat & Sun 9.00 am – 5 pm</p> <p>Except 25th December</p>
Adult Care	Adult Social Care is responsible for ensuring the most vulnerable adults in our community and their informal carers are safeguarded and provided with support to meet their needs.	County Offices Newland Lincoln LN1 1YL	Lincolnshire County Council Adult Care	<p>Tel: 01522 782155</p> <p>Email: csc_socialcare@lincolnshire.gov.uk</p> <p>For out of hours emergencies Tel. 01522 782333</p>	<p>8 am – 6 pm Monday to Friday</p>
Adults Supporting Adults	Adults Supporting Adults provide community services for people over the age of 18 years who have a learning or physical disability, sensory impairment, experience poor mental health or people with dementia who require support to live in the community.	17 Watergate Sleaford NG34 7PG	Adults Supporting Adults	<p>Tel: 01529 416270</p> <p>Email: enquiries@asaorg.co.uk</p> <p>Website: www.asaorg.co.uk</p>	

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Age Care Advice	<p>Long term personal Care Coordinator Service. 7 days a week from 8 am to 8 pm access to your own Coordinator. The service is funded privately by direct payments, personal health budget or family members. We can check eligibility for benefits and financial support. We are proven to reduce hospital admission, helping people to avoid crisis point and we keep people safer at home for longer. We offer free first contact via telephone or face to face, to see how our involvement could add benefit to your current situation.</p> <p>We also provide a self-funder assessment service at a reasonable cost. The benchmark for assessing is within 48 hours. Assessments occur at weekends or evenings if preferred, this includes hospitals.</p>	Countywide	Simon Jessop	<p>Tel: 01476 552137</p> <p>Email: agecareadvice@gmail.com</p> <p>Website: www.agecareadvice.co.uk</p>	
Age UK Lincoln & South Lincolnshire – <i>I Forget Service</i>	Service providing information, guidance and support for people living with dementia and their carers, delivered in partnership with Lincs Independent Living Partnership. This service has been co-designed with people who have lived experience of dementia and aims to support not only those living with dementia but anyone who is experiencing memory loss or any other form of cognitive impairment. This service will include practical information and advice, wellbeing support and social activities, support for family, friends and carers, support to access financial and legal advice, anticipatory care planning and crisis avoidance.	Head Office: 36 Park Street, Lincoln, LN1 1UQ	Age UK Lincoln & South Lincolnshire	<p>Tel: 03455 564 144</p> <p>Email: iforget@ageuklsl.org.uk</p> <p>Website: https://www.ageuk.org.uk/lincolnsouthlincolnshire/our-services/i-forget/</p>	845 am - 4 pm Monday - Friday (excluding Bank Holidays)
Age UK Lincoln & South Lincolnshire – <i>Other care and support services</i>	<p>Provides support to people aged 50 and over across Lincoln & South Lincolnshire.</p> <p>Support includes: Personal Care, Lifestyle Support, Deep Cleaning, Domestic Cleaning, Laundry, Gardening, Handyperson, House Clearance, Telecare, Response, Hospital Avoidance Response Team (HART), Discharge Buddies, Community Connectors, Information & Advice, Connect to Support Lincolnshire (CTSL), Activities, Park Street Eatery, Befriending, Volunteering, Retail.</p>	Head Office: 36 Park Street, Lincoln, LN1 1UQ	Age UK Lincoln & South Lincolnshire	<p>Tel: 03455 564 144</p> <p>Email: info@ageuklsl.org.uk</p> <p>Website: https://www.ageuk.org.uk/lincolnsouthlincolnshire/ https://lincolnshire.connecttosupport.org</p>	9 am - 4 pm Monday - Friday (excluding Bank Holidays)

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Alzheimer's Society	Alzheimer's society provide information for all aspects of dementia and offer a national dementia helpline for anyone that may be effected by dementia.	Countywide	Alzheimer's Society	<p>National Dementia Connect to Support Tel: 0333 150 3456</p> <p>Lincolnshire Team: 01522 692 681</p> <p>Email: lincoln.enquiries@alzheimers.org.uk</p> <p>Website: www.alzheimers.org.uk</p>	
Alzheimer's Society Dementia Cafe Boston	A support group for people with dementia and their Carers that provides information about living with dementia and other services available locally in an informal and comfortable environment. It is also a place to relax, socialise and meet other people with dementia and their carers.	Len Medlock Centre St. Georges Road Boston PE21 8YB	Alzheimer's Society	<p>Tel: 01522 692 681</p> <p>Email: lincoln.enquiries@alzheimers.org.uk</p> <p>Website: www.alzheimers.org.uk</p>	1 st Wednesday 2.00 – 4.00pm
Avocet House	Avocet House is a 66 bed care home which offers facilities that include ensuite wet-rooms, social areas, and stylish décor. The home boasts a tearoom, cinema room, sky bar, hairdressing salon and communal lounges and dining areas. Avocet House ensures our residents live an independent lifestyle whilst also providing 24/7 person centred care. As part of our community, residents will be able to continue with their daily routines whilst having the day to day needs looked after.	Parkes Lane, Wyberton, Boston, PE21 7NT		<p>Tel: 01205 336897</p> <p>info@twhealthcare.co.uk</p>	
Boston Community Transport	Accessible door to door service for those unable to access existing forms of transport and have no alternative transport available due to there being no service available, age or frailty, disability or need for assistance.	The Len Medlock Centre St George's Road Boston PE21 8YB	Boston Community Transport	<p>Tel: 01205 360183</p> <p>Email: office@bostonct.org.uk</p> <p>Website: www.bostonct.org.uk</p>	Monday – Friday 9.00 a.m. – 2.00 p.m.

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Boston Library	<p>Boston Library is a friendly and welcoming venue, which provides free library membership, books, computer facilities and information services to the whole community. The staff are Dementia Friends and are happy to help with enquiries, photocopying and IT basics. The library runs regular reading groups, craft activities and other events suitable for everyone. A range of titles from the National Books on Prescription Scheme are available for borrowing for free and the series includes books specifically for those experiencing Dementia and their families and carers.</p> <p>(Also see Reading Well Books on Prescription)</p>	County Hall Boston Lincs. PE21 6DY	Boston Library	<p>Tel: 01522 782010</p> <p>Email: boston.library@gll.org</p>	
Boston Lions	Boston Lions are an internationally recognised organisation that are community centred. Members attend regular social events and are welcomed as part of a supportive community.	Queen of Spades Wellington Road Boston PE21 ONX	Nick Graves	<p>Tel: 08458331452</p> <p>Email: nickgraves1976@tiscali.ci.uk</p>	2 nd & 4 th Tuesday of each month from 8 pm onwards
Boston Saunders Community Walks	Come and enjoy a walk and make new friends. All walks are easy walking and offer a 30 or 60 minute al, your choice	Various meeting points throughout the Borough	Rosemary	<p>Tel: 07970630137</p> <p>Facebook: https://www.facebook.com/groups/141438176339146/</p>	Monday - Friday every week
Butterfly Hospice	The Butterfly Hospice cares for people with life limiting illnesses. Patients are admitted for the relief of difficult symptoms, along with psychological, social or spiritual support and rehabilitation. The hospice provides respite care as well as end of life care. The service is provide on a 24 hour basis and is free of charge.	Rowan Way Boston Lincolnshire PE21 9DH	The Butterfly Hospice	<p>Tel: 01205 311222</p> <p>Email: enquiries@butterflyhospice.org.uk</p> <p>Website: www.butterflyhospice.com</p>	

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Carers: The Lincolnshire Carers' Service	<p>Are you looking after someone who could not manage without your care? Then you are a carer and you may want to talk to someone about your caring role and any support needs you may have.</p> <p>We offer tailored information, advice, including about other useful services, for you and the person you are looking after and emotional and practical support. Opportunity to talk in detail about your caring role (a carer's assessment) and how you feel. Support with conversations with people and services such as GPs, social care and hospitals. Practical training to help you in your caring role. Advice and support for carers in the workplace. Eligibility for benefits and financial support. Carer apps for smart phones. Regular contact via telephone, Carers FIRST website, support groups, monthly e-bulletin and What's On guide. Carers Emergency Response Plan. Support to access a break or help around the home. Carer-friendly pharmacies and flu jabs. Hospital in-reach support.</p>	Countywide	<p>Delivered in partnership by</p> <p>Lincolnshire County Council Customer Service Centre (telephone based support service)</p> <p>and Carers FIRST (providing face to face support in the community)</p>	<p>The Customer Service Centre is the first point of contact for all referrals and general enquiries: 01522 782224</p> <p>Email: CarersService@lincolnshire.gov.uk</p> <p>In an emergency, out of hours, phone the Emergency Duty Team on 01522 782333.</p> <p>Website: www.lincolnshire.gov.uk/carers www.carersfirst.org.uk</p>	8am to 6pm Monday to Friday (except bank holidays)
Caring Companions	A support group for carers and former carers of people with dementia. The group meet up at a number of locations for lunch throughout the month.		Alan Taylor	<p>Tel: 01205 871465</p> <p>Email: alaninwrangle@gmail.com</p>	1 st Monday – The Orchards Sheltered Housing in Wyberton
Caring Companions 'Pop In'	An opportunity for any carers to stop by, have a chat and a warm drink				3 rd Monday – Boston County Club
Centrepont Outreach	Centrepont Outreach is an organisation that works with and for homeless and vulnerable people, with social and economic needs from all walks of life.	Belmont House 15 Red Lion Street Boston PE21 6PZ	Liz Hopkins	<p>Tel: 01205 360900</p> <p>Email: elizabeth@centrepont-outreach.com</p>	

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Citizens Advice Mid Lincs – Boston Office	The Citizens Advice Mid Lincs service offers practical, up-to-date information and advice on a wide range of topics, including: debt, benefits, housing, legal, discrimination, employment, immigration, consumer and other problems. Specialist benefits/tax credit and debt service by appointment.	Citizens Advice Municipal Buildings West Street , Boston PE21 8QR	Citizens Advice Mid Lincs	Tel: 0808 2787942 Email: outreach@citizensadvicemidlincs.org.uk	Office open 9.30 – 12.30 pm Tuesday and Thursday in Boston and 9.30 – 12.30 pm Monday and Wednesday in Sleaford for self-help and information Drop in
Co-op Medicine Use Review	Lincolnshire Co-operative offer a free NHS Medicines Use Review to patients taking two or more regular medicines. Patients can contact their local pharmacist.	Countywide	N/A	Please contact your local Co-op pharmacy	
CRG Homecare Lincolnshire	Providing a range of care and support staff and services, including domiciliary care, supported living, extra care, and continuing healthcare (non-nursing).	Boston		Tel: 01205 400127	
Cruse Bereavement Support Lincolnshire	Cruse Bereavement Support is a national charity offering free help to all who are bereaved by someone close to them. Locally we can offer: Understanding Your Bereavement Zoom Group session. Ongoing individual one to one telephone and Zoom sessions and Zoom group sessions	Lincolnshire Cruse Bereavement Support Business Box- Unit 50 3 Oswin Road, Leicester, LE3 1HR	Cruse Helpline 0808808167 7	Tel: 07900317732 Email: lincoln@cruse.org.uk Cruse website:www.cruse.org.uk	
Dementia Support Service	The support service offers advice and support to people with dementia and their Carers. Formal diagnosis is required for referral into the service. The service also supports people with a diagnosis of Mild Cognitive Impairment (MCI).	Lincolnshire	Lincolnshire Partnership NHS Foundation Trust	Tel: 0303 1234000 Email: Lpn-tr.dementiasupportservice@nhs.net Website: www.lpft.nhs.uk	

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Dementia UK	<p>Dementia UK is the specialist dementia nurse charity. Our nurses, known as Admiral Nurses, offer advice and support with all aspects of dementia, including Alzheimer's disease and young onset dementia (where symptoms develop before the age of 65).</p> <p>Dementia UK provides a national Helpline staffed by specialist nurses, virtual clinics by phone and video call, and a wealth of leaflets and online information on living with dementia, from getting a diagnosis to end of life care.</p> <p>We also have Admiral Nurse services across the UK working in the community, in GP practices, and in hospitals and hospices.</p>	Nationwide		<p>Tel: 0800 888 6678 (Helpline)</p> <p>Email: helpline@dementiauk.org</p> <p>Virtual clinics: dementiauk.org/closer-to-home</p>	
Dementia Voice	This is a chance for people living with dementia to share their views and experiences to help shape the Society's work and feedback on local issues.	Nationwide		<p>Tel: 01522 692681</p> <p>www.Alzheimers.org.uk – fill in the 'influence our work' form</p>	
Elmwood	Care Home with Nursing	Elmwood House Nursing Home 88 Sleaford Road Boston Lincs PE21 8EY		Tel: 01205 369235	
Every-One	We are a Lincolnshire based charity and social enterprise. We have a short break caravan holiday service for families living with children who have a disability. We work with health and social care partners around personalisation and deliver a range of projects. We engage with organisations offering various training packages, information, facilitation and co-production services. Please see our website for further details on our portfolio	No. 5 The Stables Wellingore Hall Wellingore Lincoln LN5 OHU	Every-One	<p>Tel: 01522 811582</p> <p>Email: hello@every-one.org.uk</p> <p>Website: www.every-one.org.uk</p>	
Financial Advice	A list of independent financial advisers who are accredited by the Society of Later Life Advisers			<p>Tel: 03332020454</p> <p>Website: www.societyoflaterlifeadvisers.co.uk</p>	

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Flo's Friends Ltd	<p>Provide a professional yet friendly service meeting the needs of numerous types of social care, primarily by the provision of care and support workers to individuals within the community</p> <p>Also specialise in the provision of Domiciliary Care for those wishing to remain at home with Dementia</p>	Flo's Friends 91 Church Road Old Leake Boston Lincs PE22 9PA		<p>Tel: 07411846692</p> <p>Email: flosfriends@outlook.com</p> <p>www.flosfriendscare.com</p>	Open 9 am – 5 pm 7 days a week for enquiries
Frampton House	Care Home (residential care)	West End Road Frampton Boston PE20 1BT	Mrs Chris Slade Manager	<p>Tel: 01205724216</p> <p>Email: framptonhousecare@gmail.com</p>	
GIB Consultancy	GIB Consultancy provides free advice to help vulnerable people from becoming victims of crime. Topics covered include bogus callers, phone scams and personal safety. The service includes visits to Dementia Support Groups and access to crime prevention products and leaflets.	Countywide	Stuart Gibbon	<p>Tel: 07903155695</p> <p>Email: enquiries@gibconsultancy.co.uk</p>	
Healthy Homecare Services Ltd	<p>Independent domiciliary and adult daycare agency, which provides care and support for clients who need assistance and help with their daily activities and personal care.</p> <p>Also offer Active Recovery rehabilitation for both mild mental and physical health clients at 47 Punchbowl Lane T/A Pilgrimage Short Stay Recovery Unit that admits clients that are recuperating from their illnesses.</p>	43 Woodville Road Boston Lincolnshire PE21 8AR		<p>Tel: 07951548684 or 01205 612296</p> <p>Email: amhcltd@live.co.uk</p>	

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Healthwatch Lincolnshire	<p>We're here to find out what matters to you and to help make sure your views shape the support you need.</p> <p>We are the independent champion for people who use health and social care services. We're here to make sure that those running the services put people at the heart of care.</p> <p>Our sole purpose is to understand the needs, experiences and concerns of people who use health and social care services and to speak out on their behalf. We focus on ensuring that people's worries and concerns about current services are addressed.</p> <p>We work to get services right for the future. Have your say: tell us your experience of health and care services and help make care better.</p> <p>Advice and Signposting: find out about how we can help you access the support you need to live well.</p> <p>Keep in touch: receive our regular updates through social media postings, reports, newsletters and Events (held both virtually and face to face).</p> <p>We are here to LISTEN to what you have to say: what you like about services and what you think can be improved. Where possible we will let you know when changes are planned to services in our community.</p>	<p>HWLincs Healthwatch Lincolnshire Rooms 33 -35 Len Medlock Centre St George's Road Boston Lincolnshire PE21 8YB</p>	Healthwatch Lincolnshire	<p>Tel: 01205 820892</p> <p>Mon to Thursday open to the public 9 am to 3 pm and Friday 9 am to 12 noon</p> <p>Email: info@healthwatchlincolnshire.co.uk</p> <p>Website: www.healthwatchlincolnshire.co.uk</p> <p>Find us on: Facebook healthwatchlincolnshire Twitter @healthwatchlinc</p>	
Herbert Protocol	<p>The Herbert Protocol is a national scheme which has been launched in Lincolnshire and encourages carers and families to record vital information on a form which could be used in the event of a vulnerable person going missing.</p>	<p>Boston Police Station Lincoln Lane Boston Lincs. PE21 8QS</p>	Lincolnshire Police	<p>Website: www.lincs.police.uk/news-campaigns/campaigns/the-herbert-protocol/</p>	

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Hunters Creek Care Home	Hunters Creek Care Home is a purpose built Care Home that provides person-centred dementia care, residential care as well as nursing care. Spacious and bright bedrooms are decorated to a high standard offering the comforts of a true home away from home. Manicured grounds and a central courtyard provide space for socialising with friends and family who are welcome at any time.	130 London Road Boston Lincolnshire PE21 7HB	Tanglewood Care Homes	Tel: 01205 358034 Email: enquiries@hunterscreekcarehome.co.uk	
IdEAL: Horses helping people living with dementia and their carers	Equine Assisted Learning (EAL) sessions. Spending time with horses is a very positive experience; horses give a wonderful sense of well-being and inner peace and can also help rekindle many happy memories about riding and farming with horses. Sessions are designed to equally benefit those living with dementia and their carers.	Sunset Farm Mill Lane Fosdyke Boston Lincolnshire PE20 2BL	Mike Burrow	Tel: 07729 909186 Email: info@inspired-eal.co.uk Website: www.inspired-eal.co.uk	EAL sessions can be booked between 09:00 and 19:00 Tuesday to Saturday
Integrated Community Equipment Service (ICES)	The service offers a range of loan equipment on a short term or long term basis. Equipment provided ranges from simple equipment such as hand rails and walking aids to more complex items such as profiling beds and hoists.		Integrated Community Equipment Service	Tel: 01522 553941 Email: ICES.LCC@lincolnshire.gov.uk	
Lincoln Centre for Grief and Loss	A free service that provides counselling, support and training for people experiencing all forms of bereavement.	19 Carlton Mews The Carlton Centre Lincoln LN2 4FJ	Lincoln Centre for Grief and Loss	Tel: 01522 546168 Fax: 01522 546172 Email: email@lctl.org.uk	
Lincolnshire Fire and Rescue – Home Fire Safety Visit	Based on identified risk, residents are offered a Home Fire Safety Visit which will be carried out by employees of LFR. It includes a home fire safety check and can offer holistic advice on health and wellbeing. Lower risk residents are sent information outlining details of the Home fire safety visit. On line home fire safety checks can be completed using this link https://www.safelincs.co.uk/hfsc/?ref=LFR	Community Fire safety Lincolnshire Fire and Rescue Fire and Police Headquarters. Deepdale Lane Nettleham LN2 2LT	Community Fire Safety	Tel: 01476 565441 Referral via the web site - www.lincolnshire.gov.uk/home-fire-safety/request-safe-well-check/1 Email: hfsc@lincolnshire.gov.uk	As and when requested
Lincolnshire Housing Partnership	Lincolnshire Housing Partnership provide support services that cater for a range of needs - such as for older tenants and residents and support for victims of domestic abuse.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Lincolnshire Housing Partnership	Tel: 0345 6041472 Website: www.lincolnshirehp.com	

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Lincolnshire Housing Partnership - Community Support & Integrated Living Service	Provides practical support with cooking, cleaning, basic household projects and getting out and about. Prices vary based on assessment. Lincolnshire Housing Partnership integrated living and support services help people living in sheltered housing to maintain independence by offering regular wellbeing checks, an emergency response service and day-to-day practical support.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Lincolnshire Housing Partnership	Tel: 03456041472 Website: www.lincolnshirehp.com	
Lincolnshire Housing Partnership - Lincolnshire Telecare Services	Lincolnshire Housing Partnership Lincolnshire Telecare Service offers an array of services and products to help people go about their day-to-day activities in Lincolnshire without worrying about their safety. This is not restricted to LHP Tenants, we can provide support to Private Customers also.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Lincolnshire Housing Partnership	Tel: 01205 318588 Email: Telecare@lincolnshirehp.com Website: www.lincolnshirehp.com	
Lincolnshire Rural Support Network	LRSN provides pastoral and practical support to farming and rural people during periods of anxiety, stress and problems relating to their families and businesses. Also provides mental Health Screening/ Support	Countywide	Gilly Steel	Tel: 0800 138 1710 (helpline open 8am – 6pm, Every day of the year) Email: Gilly.steel@lrsn.co.uk Website: www.lrsn.co.uk	
Lincolnshire Sensory Services	Providing a range of specialist support to enable people with a hearing loss and/or visual impairment to live as independently as possible	Wellingore Hall Hall Street Wellingore Lincoln LN5 OHX	Lincolnshire Sensory Services	Tel: 03333 202667 Mobile/Text: 07710155104 Email: contact@lincolnshiresensoryservices.org.uk	Mon –Thurs 9.00 am – 5.00 pm Fri - 9.00 am – 4.30 pm
Manor Gate Care Home	A residential care home that caters for people with dementia. Services include day care and respite.	190 Causeway Wyberton Boston PE21 7BS	Manor Gate Care Home Heidi Gotts Manager	Tel: 01205 366260 Email: manorgate@hotmail.co.uk	
Mayfields Extra Care Housing Scheme	Extra care provides a secure environment, of care services available 24 hours a day. Extra care housing developments provide communal facilities and areas for social activities.	Mayfields Broadfield Lane Boston Lincs PE21 8GH		Tel: 0345 6041472 Tel: 07725 481485	

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Meadows Edge Care Home	Meadows Edge Care Home provides a range of specialist nursing including a specialist Dementia Unit which caters for Alzheimer's, Vascular dementia, Lewy bodies dementia and Picks disease. Provides short or long term care.	Wyberton West Road Boston Lincolnshire PE21 7JU	Meadows Edge Care Home Carolyn Andrews Manager	Tel: 01205 353271 Email: meadowsedgecarehome@gmail.com	
Memory Lane Creative Sessions	Free creative sessions for people with early stage dementia and their carers.	Mayfields Broadfield Lane Boston PE21 8DY	Lincolnshire Housing Partnership Memory Lane Team	Tel: 0345 6041472 Email: memorylane@lincolnshirehp.com Website: www.lincolnshirehp.com	2 nd and 4 th Wednesday 10.00am – 12.00pm
Memory Lane Day Service	Memory Lane Dementia Day Service is suitable for those living with dementia who are able, with support, to enjoy spending time with others in a group setting	Mayfields Broadfield Lane Boston PE21 8DY	Lincolnshire Housing Partnership Memory Lane Team	Tel: 0345 6041472 Email: memorylane@lincolnshirehp.com Website: www.lincolnshirehp.com	Every Tuesday & Thursday - 10 am – 4 pm
Message In a Bottle Scheme	The Lions Message In a Bottle scheme is a simple idea designed to encourage people to keep their personal and medical details on a standard form and in a common location - the Fridge. Message in a bottle is a free service.	The Queen of Spades Wellington Road Boston PE21 0NX	Nick Graves	Tel: 08458331452 Email: nickgraves1976@tiscali.co.uk	
Minstrels Residential Care Home	A residential care home that cater for people with dementia.	Main Road, Wrangle, Boston PE22 9AJ	Minstrels Residential Care Home Carla-dee Thein Manager	Tel:01205 870910 Email: minstrels@btconnect.com	
Pegasus – Lincolnshire Police	Pegasus is a PIN number database which has been designed to enable people in the community who may have difficulty using a telephone to access Lincolnshire Polices' Emergency services.	Pegasus Community Safety Department Lincolnshire Police Headquarters PO Box 999 Lincoln LN5 7PH	N/A	text phone: 01522 558263 Text 07761911287 999 – In Emergency 101 – Non-emergency Email: Forec.control@lincs.pnn.police.uk Website: www.lincs.police.uk/contact/contacting-us-if-you-have-access-needs/ www.lincs.police.uk/media/32313/easy-read-pegasus.pdf	

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Penderels Trust	<p>Penderels Trust are commissioned through Lincolnshire County Council to provide support to adults and children who receive a direct payment, personal budget, so our services are free to those referred to us.</p> <p>Penderels Trust also act as corporate appointees to those lacking capacity.</p>	Countywide	Penderels Trust	<p>Tel: 01526 833803</p> <p>Email: lincolnshire@penderelstrust.org.uk</p> <p>Website: www.penderelstrust.org.uk</p>	
POhWER – NHS Complaints Advocacy Service	POhWER provides a free, confidential complaints advocacy service that is independent of the NHS supporting people to raise their complaints about NHS funded services. POhWER provides information, advice and guidance about people rights/options within the formal complaint process and supports them to write their complaint letter, attend local resolution meetings and make an application to the Parliamentary and Health Service Ombudsman if local resolution isn't achieved.	Countywide	POhWER	<p>Tel: 03002000084</p> <p>Email: pohwer@pohwer.net</p> <p>Website www.pohwer.net</p>	
Ralphland Home Care	Home Care and Support Agency. Provide specialist care to older people in their own homes, including for those diagnosed with dementia. Services are organised to suit personal needs and offer companionship, with respite services also available to help carers with the challenges they face.	Ralphs Lane Frampton West Boston PE20 1QU		Tel: 01205 722332	
Reading Well Books on Prescription for dementia	This service provides 25 titles specifically focused on dementia, recommended by health experts and people who have first-hand experience. GPs and other health professionals can recommend the books to people, or the titles are available for anyone to borrow for free from their local library (see details above for Boston Library)	Available in public libraries across the country	The Reading Well Team	<p>Email: readingwell@readingagency.org.uk.</p> <p>Website: reading-well.org.uk</p> <p>Local Library – www.gov.uk/local-library-services</p>	
Rethink Advice And Information Service	The Rethink Mental Illness Advice Service offers practical help on issues such as the Mental Health Act, community care, welfare benefits, debt, criminal justice and carers' rights. They also offer general help on living with mental illness, medication, care and treatment.	Nationwide	Rethink	<p>Tel: 0300 5000 927</p> <p>Website: www.rethink.org/</p>	Monday – Friday 9.30 am – 4 pm

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Silver Line	The only national free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year	National		Tel: 08004708090 Email: info@thesilverline.org.uk Website: www.thesilverline.org.uk	
Skirkbeck Court Care Home – The Orders of St John Care Trust	Skirkbeck Court is purpose built for residential care of older people. Skirkbeck court can provide both long and short term care, as well as day care and flexible support to assist carers during times of crisis.	55A Spilsby Road Boston PE21 9NU	The Orders of St John Care Trust	Tel: 01205 361444 Email: care.osjctskirbeckcourt@nhs.net	
Solicitors Advice	Solicitors for the Elderly (SFE) is an independent national organisation of lawyers who provide specialist legal advice for older and vulnerable people, their families and carers			Email: admin@sfe.legal Website: www.sfe.legal	
St Barnabas Day Hospice	St Barnabas day therapy service is a free service that welcomes anyone over the age of 18 who has a life limiting illness, through cancer or non-cancer and aims to support them to live independently, give advice and information and help them to make informed choices about their future care.	Green Lane Boston PE21 9NB	St Barnabas	Tel: 01522 518222 (Lincoln Office) Email: enquiries@stbarnabashospice.co.uk Website: www.stbarnabashospice.co.uk	
St Barnabas Family Support Service	Family Support Service is a free service providing emotional and psychological support to patients, their families and carers, together with support for those who have experienced bereavement.	Countywide	St Barnabas	Tel: 01522 518225 or 01522 518200 Email: enquiries@stbarnabashospice.co.uk Website: www.stbarnabashospice.co.uk	

Name Of Service	Service Offered	Address	Contact Name	Contact Details	When
St Barnabas Hospice at Home	Hospice at Home is a countywide, free service for people with an advanced, life limiting illness who choose to be cared for in their own home, operating 7 days a week.	Countywide	St Barnabas	Tel: 01205 359367 or 01522 518222 (Lincoln Office) Email: enquiries@stbarnabashospice.co.uk Website: www.stbarnabashospice.co.uk	7 Days a week
The Gardens Residential Home	A residential care home that caters for people with dementia. Also provides a day care and respite service.	88 Sleaford Road Boston PE21 8EY	Vicky Barty	Tel: 01205 359797	
The Georgians Care Home	A residential and nursing care home that caters for people with dementia.	50 Wide Bargate Boston PE21 6RY	The Georgians Ltd	Tel: 01205 364111	
The Old Rectory Care Home	The Old Rectory care home provides personal care for clients whose needs are associated with the ageing process, physical disabilities and mental health including dementia. The home also offers intermediate care to clients attempting to return home after a hospital stay.	The Old Rectory Main Road Stickney PE22 8AY	Sarah Trafford	Tel: 01205 480885	
Telecare (NRS) Lincolnshire	TeleCare can be used to support older people, those with long term conditions, disabilities or mental health worries. TeleCare can tell when there is an emergency in someone's home and when they need assistance. TeleCare uses a range of sensors either worn by the individual or placed in the home that can alert the local monitoring centre 24 hours a day.	Countywide	Telecare (NRS)	To order Telecare by phone: Tel: 0344 893 6962 Website: www.nrstelecare.co.uk/lincolnshire/	
Transport Services	There is a wide range of public transport to choose from across the county.	Countywide		Public Transport Information – 08712002233 Lincolnshire Transport Helpline – 01522550129 www.lincsbus.info Call Connect - 03452343344	

Name Of Service	Service Offered	Address	Contact Name	Contact Details	When
Walnut Care At Home	Home Care and Support Agency that can be booked on a short or long term basis, and may be funded with help from Lincolnshire Social Services or the NHS. Alternatively services can be purchased privately, or by using self-directed support funding. Experienced in dementia care.	Walnut Cottage Langrick Boston PE22 7AP	Walnut Care Ltd	Tel: 01205 280101 Email: info@walnutcare.co.uk	
Wellbeing Lincs	Wellbeing Lincs is a countywide service designed to promote confidence in living independently to reduce or prevent the escalation of an individual's needs. Provision of support for up to 12 weeks (free). Resettlement support following discharge from hospital (free). Access to simple aids/adaptations, Telecare and response service (charges may apply)	Wellbeing Lincs c/o East Lindsey District Council, Tedder Hall, Manby Park, Louth LN11 8UP	Wellbeing Lincs	Tel: 01507 601111 Email: wellbeinglincs@e-lindsey.gov.uk Referrals are made through Lincolnshire County Council's Customer Service Centre on 01522 782140.	
Welfare Community Services	St Barnabas provides information of social security benefits available to claim dependant on eligibility.	Countywide	St Barnabas	Tel: 01476 513544	
Westfield Nursing Home	Specializes in Nursing care for 30 residents, and has all the home comforts residents would expect in family-oriented home from home surroundings. We care for people who have dementia, challenging needs, nursing and respite.	34 Sleaford Road Boston Lincs PE21 8EU		Tel: 01205 365834 westfield@countrycourtcare.com	
White Gables Nursing Home	A nursing care home that cater for people with dementia.	White Gables Nursing Home 21 Willington Road Kirton Boston PE20 1EP	White Gables Nursing Home	Tel: 01205 723874 Email: admin@whitegablescahome.co.uk	
Willoughby Grange Care Home Boston	A care home that provides a number of services for people with dementia including: Nursing care, residential care, respite and palliative care.	Willoughby Road Boston PE21 9EG	Willoughby Grange Nursing Home	Tel: 01205 357836 Email: manager@willoughbygrange.co.uk	

Name Of Service	Service Offered	Address	Contact Name	Contact Details	When
Winter Fuel payment	<p>If you were born on or before 5 November 1953 you could get between £100 and £300 to help you pay your heating bills.</p> <p>You usually get a Winter Fuel Payment automatically if you are eligible and you get the State Pension or another social security benefit (not Housing Benefit, Council Tax Reduction, Child Benefit or Universal Credit).</p>	Nationwide		<p>Website:</p> <p>www.gov.uk/winter-fuel-payment</p>	
Woodlands Court Care Home	A care home that provides a number of services for people with dementia including: Nursing care, residential care, respite, day care and palliative care.	Woodlands Court Boston Road Kirtton PE20 1DS		<p>Tel: 01205 723355</p> <p>Email: woodlandscourtmanager@gmail.com</p>	
Vauxhall Court Care Home	A residential care home that cater for people with dementia and provide day care and respite.	Freiston Road Boston PE21 0JW		<p>Tel: 01205 354911</p> <p>Email: admin@vauxhallcourtcarehome.org</p>	
Young Dementia Network	The Young Dementia Network is a collaboration between people affected by and working in the field of young onset dementia. Free to join, it is hosted by Dementia UK and works to increase knowledge, understanding and awareness of young onset dementia.	c/o Dementia Uk 7 th Floor One Aldgate London EC3N 1RE		<p>Tel: 01993 776295</p> <p>Email: youngdementianetwork@dementiauk.org</p> <p>Website: www.youngdementianetwork.org</p>	

This Directory is an outline of services available in Boston and surrounding areas.

Every effort has been made to ensure that the content of this directory is accurate at the time of issue. However Boston Dementia Action Alliance do not accept liability for any third party information of service provision.

The inclusion of organisations, services and contact details is for information purposes and does not constitute endorsement of any kind by Boston Dementia Action Alliance or the organisations supporting the publication.

This directory is intended to be a guide only, it is not intended as a substitute for independent/expert advice; always consult a qualified professional about your own care or the person you care for.

If you would like your service to appear in this directory or you have a concern then please contact:

Karen Stengel

Tel. No. 07539289247

Email: Karen.stengel@boston.gov.uk

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